Helping Someone *out of* Christian Science

By Katie Beim-Esche

	BODY ***Community*** ***Care*** ***Voice -*** tone and topics	**BRAIN** ***Acknowledge*** ***Understand*** ***Explain***	**HEART** ***Authority:*** Who or what do you trust? ***Affection*:** Who or what do you love? ***Allegiance*:** Who or what do you defend?
Half-Hearted (50%) They are inconsistent, lukewarm, and mostly practical. **"I never really believed CS."**			
All-In (99%) They are active, passionate, and loyal. Some are radical reliance. **"I serve the cause of CS."**			
Suffering (25%) They sincerely believe, but life circumstances make full adherence impossible. They feel like a failure. **"CS is the most beautiful religion."**			
Progressive (75%) They redefine CS to normalize it. They selectively practice and distance themselves from Eddy, TMC, or other CS. **"Christian Scientists don't get CS."**			

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	Goal	In-Roads	Pathway Forward	Gospel Bridge
Half-Hearted (50%)	**Tip the Scale:** Domino Effect **Identify doubt & cultivate critical thinking.	• Ask questions • Listen and reframe their answers to help them articulate their doubt • Share your own doubts about CS	They are holding onto something they do not truly believe. **BRAIN**: Invite them to own their doubt and consider what is ***true***.	**The Authority of Scripture** 2 Tim 3:16-17 "What is the ***truth*** that Jesus says will make us free in John 8:31-59?"
All-In (99%)	**Pull the Thread:** Slowly Unravel the Sweater **Offer a new perspective & cultivate doubt	• Ask them to share their perspective • Share your point of view.	They believe something that rejects reason, reality, and Scripture. **HEART:** Invite them to believe what is ***real***.	**Jesus' Identity and Mission** Luke 19:10 "Is Jesus mentioned in the Old Testament?"
Suffering (25%)	**Offer a Hug:** Lift the Veil **Acknowledge their pain & cultivate compassion.	• Let them know you notice the ways that they are struggling • Share your concerns about their suffering and show that you care	They are idealizing something that is destroying them. **BODY:** Invite them to acknowledge their suffering and receive ***care***.	**Jesus' suffering** Mark 15 Consider the Incarnation. Hebrews 4:15-16.
Progressive (75%)	**Pull back the curtain:** Expose the Flaws **Name the incongruence and cultivate integrity.	• Ask questions • Listen and reframe their answers, naming any inconsistencies • Share your concerns about the incongruence	They are fighting the wrong battle. **WHOLENESS:** Invite them to live with ***integrity*** - body, brain, and heart.	**God's Big Story of Redemption.** Eph 1 "What did Jesus say would happen when he comes back?"